COUNSELING AND HUMAN SERVICES MINOR

The Counseling and Human Services minor prepares for entry#level helping or behavioral#services roles and provides a solid foundation for advanced study in counseling, psychology, social work, or related behavioral health fields. The minor also introduces students to theories in human behavior, interpersonal communication, and core skills employed by helping professionals.

About this Program

- **College:** Education (https://catalog.ufl.edu/UGRD/colleges-schools/UGEDU/)
- **Credits:** 15 minimum | Completed with minimum grades of C
- **Contact:** Email (studenthelp@coe.ufl.edu) | 1002 Norman Hall (http://campusmap.ufl.edu/?loc=0101) | 352.273.4376

School Information

With more than three-dozen faculty and students from all over the world, the School of Teaching & Learning offers on-campus and online programs in a diverse range of subjects in education.
Website (https://education.ufl.edu/school-teaching-learning/)

CONTACT

352.273.4378

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Map (http://campusmap.ufl.edu/#/index/0007)

Curriculum

- Education Sciences
- Education Sciences UF Online
- Education Studies Minor
- Educational Technology Minor
- Educational Technology Minor UF Online
- Elementary Education | Grades K-6
- Elementary Education | Grades K-6 UF Online
- Florida Teaching Minor

Open to students of any major.

The Counseling and Human Services minor aims to provide foundational knowledge on the roles of counselors and related helping professionals in schools and community settings; introduce the theoretical and practical knowledge base of professional counseling and behavioral health services; and help students learn and practice basic interpersonal and counseling skills that are relevant for many professional degrees. The electives allow students the opportunity to select coursework focused on specific topics in human behavior and mental health. In these courses students are asked to think critically and apply problem-solving strategies to address complex but common issues related to mental and behavioral health.

Core emphasis: pre#professional training in human behavior and interpersonal communication, techniques used by helping professionals, and preparation for graduate study.

Prerequisites

- Apply for the minor after earning 45 credits and before earning 100 credits.
- Minimum 2.0 GPA is required and transfer credits are not accepted.
- All courses must be taken at UF.

Required Courses

Code	Title	Credits
Core Courses		
SDS#3XXX	Orientation to Counseling and Behavioral Health Services	3
SDS 4410	Interpersonal Communication Skills	3
EDF 3112	Development in Education	3
Electives		
Select two:		6
SDS 3340	Career and Life Span Planning	

SDS 3462	Introduction to Trauma and Crisis
SDS 3430	Family and Community Involvement in Education
SDS 3473	A Guide to College and Sexuality
SDS 3482	Stress and Anxiety Management
WST 2322	Introduction to Health Disparities
Total Credits	**15**

Advising

The minor is administered through the EduGator Central Student Services located at 1002 Norman Hall (http://campusmap.ufl.edu/?loc=0101). For enrollment assistance: COE Student Help (studenthelp@coe.ufl.edu).