HEALTH EDUCATION & BEHAVIOR

Not all courses are offered every semester. Refer to the schedule of courses for each term's specific offerings.
More Info (http://registrar.ufl.edu/soc)

Courses at the University of Florida, with the exception of specific foreign language courses and courses in the online Master of Arts in Mass Communication program, are taught in English.

Department Information

For more than 60 years, the Department of Health Education & Behavior has been at the forefront of the health promotion and public health field, demonstrating leadership in instruction and mentoring, research and scholarship, and service and practice. By emphasizing innovation and data-driven advancements, the department's efforts ensure that students are well prepared for the health promotion and public health careers of the future.
Website (http://hhp.ufl.edu/about/departments/heb)

CONTACT
Email (ericaalexander@ufl.edu)

Curriculum

- Combination Degrees
- Health Education and Behavior
- Health Education and Behavior | Community Health Promotion UF Online
- Health Promotion Minor
- Health Promotion Minor UF Online

Courses

APK 4940C Internship 12 Credits
Grading Scheme: S/U
Internship in applied physiology and kinesiology. (S-U)
Prerequisite: department permission.

HLP 4933 Variable International Topics 1-6 Credits
Grading Scheme: Letter Grade
Provides the opportunity to study in a wide range of cultural settings.

HSC 3032 Foundations of Health Education 3 Credits
Grading Scheme: Letter Grade
Theory and practice in the health education profession.
Prerequisite: APK 2100C, APK 2105C, PSY 2012, STA 2023, and (MAC 1105 or MAC 1140 or MAC 1147 or MAC 2311); Health education and behavior majors, junior or senior standing only.

HSC 3102 Personal and Family Health 3 Credits
Grading Scheme: Letter Grade
Surveys personal health concerns: emotional health; aging and death; alcohol, tobacco and drug abuse; physical fitness; nutrition and dieting; consumer health; chronic and communicable diseases; human sexuality; and environmental health. (S)
Attributes: General Education - Social Science

HSC 3201 Community and Environmental Health 3 Credits
Grading Scheme: Letter Grade
Surveys community health organizations and contemporary health issues such as population growth, environment, poverty, medical care and disease.
Prerequisite: HSC 3032 with a minimum grade of C; Health education and behavior majors, junior or senior standing only.

HSC 3301 Health Education in Elementary Schools 3 Credits
Grading Scheme: Letter Grade
Development of comprehensive health education programs in grades K-5, subject matter selection, curriculum planning, lesson and unit planning, and innovative approaches to health instruction.
Prerequisite: Health education and behavior majors and junior/senior/graduate standing.

HSC 3537 Health and Medical Terminology 3 Credits
Grading Scheme: Letter Grade
Develops a working knowledge of terminology related to the human body in health and disease through descriptive definitions, practical applications, understanding word roots, combinations and medical abbreviations.

HSC 4133 Human Sexuality Education 3 Credits
Grading Scheme: Letter Grade
Introduces theories of emotional well-being and health education, and the means of incorporating positive mental health practices into the health education programming and health counseling.
Prerequisite: Health education and behavior majors, junior or senior standing.

HSC 4134 Emotional Health and Counseling 3 Credits
Grading Scheme: Letter Grade
Introduces theories of emotional well-being and health education, and the means of incorporating positive mental health practices into the health education programming and health counseling.
Prerequisite: Health education and behavior majors, junior or senior standing.

HSC 4143 Drug Education 3 Credits
Grading Scheme: Letter Grade
Broad view of the elements of drug use and abuse, such as individual behavior, environmental factors and drugs. Drug taking is approached in a factual stance; i.e., what has been documented to date, so that participants can separate speculation and bias from fact. The emphasis is also placed on methods pertaining to the preventive aspects of drug use and abuse.
Prerequisite: APK 2105C or (BSC 2086 and BSC 2086L) or (BSC 2094 and BSC 2094L) with minimum grades of C; Health education and behavior majors, junior or senior standing only.

HSC 4174 Behavioral and Environmental Determinants of Obesity 3 Credits
Grading Scheme: Letter Grade
Explores interactions among individual, behavioral and environmental determinants of obesity. Focuses on the extent of the obesity problem primarily in the US from an epidemiological perspective. Ideas for prevention and control are discussed along with effective interventions to address obesity (policy development and implementation).
Prerequisite: Health education and behavior majors, junior or senior standing.
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Grading Scheme</th>
<th>Prerequisites</th>
<th>Attributes</th>
<th>Description</th>
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<tbody>
<tr>
<td>HSC 4232C</td>
<td>Exercise Therapy, Adapted Physical Activity and Health 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Prerequisite: Health education and behavior majors, junior or senior standing.</td>
<td>General Education - Diversity, General Education - Social Science</td>
<td>Introduces theories that apply to the practice of patient education in a variety of health care settings. Emphasizes placed on education for health promotion and lifestyle changes. Additionally, provides an overview of the U.S. health care industry.</td>
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<tr>
<td>HSC 4223</td>
<td>Patient Health Education 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Prerequisite: Health education and behavior majors, junior or senior standing.</td>
<td>General Education - Diversity, General Education - Social Science</td>
<td>Introduces theories that apply to the practice of patient education in a variety of health care settings. Emphasizes placed on education for health promotion and lifestyle changes. Additionally, provides an overview of the U.S. health care industry.</td>
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<td>HSC 4302</td>
<td>Methods and Materials in Health Education 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Prerequisite: HSC 3032 with minimum grade of C and Health education and behavior majors, senior standing; must be taken the fall or spring semester prior to HEB internship.</td>
<td>General Education - Diversity, General Education - Social Science</td>
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<td>HSC 4450</td>
<td>Driver and Traffic Safety Education 1 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Prerequisite: HSC 4450 Driver and Traffic Safety Education 1 3 Credits</td>
<td>General Education - Diversity, General Education - Social Science</td>
<td>Introduces theories that apply to the practice of patient education in a variety of health care settings. Emphasizes placed on education for health promotion and lifestyle changes. Additionally, provides an overview of the U.S. health care industry.</td>
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<td>HSC 4451</td>
<td>Driver and Traffic Safety Education 2 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Corequisite: HSC 4450.</td>
<td>General Education - Diversity, General Education - Social Science</td>
<td>Introduces theories that apply to the practice of patient education in a variety of health care settings. Emphasizes placed on education for health promotion and lifestyle changes. Additionally, provides an overview of the U.S. health care industry.</td>
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<td>HSC 4564</td>
<td>Health Promotion in Gerontology 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Prerequisite: HSC 3032 with minimum grade of C and Health education and behavior majors, senior standing; must be taken the fall or spring semester prior to HEB internship.</td>
<td>General Education - Diversity, General Education - Social Science</td>
<td>Introduces theories that apply to the practice of patient education in a variety of health care settings. Emphasizes placed on education for health promotion and lifestyle changes. Additionally, provides an overview of the U.S. health care industry.</td>
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<td>HSC 4574</td>
<td>Nutrition Education for Special Populations 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Prerequisite: HSC 3032 and HUN 2201 or equivalent, with minimum grades of C; Health education and behavior majors, junior or senior standing.</td>
<td>General Education - Diversity, General Education - Social Science</td>
<td>Introduces theories that apply to the practice of patient education in a variety of health care settings. Emphasizes placed on education for health promotion and lifestyle changes. Additionally, provides an overview of the U.S. health care industry.</td>
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<td>HSC 4579</td>
<td>Women's Health Issues 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Prerequisite: HSC 3032 with a minimum grade of C and Health education and behavior majors, junior or senior standing.</td>
<td>General Education - Diversity, General Education - Social Science</td>
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<td>HSC 4624</td>
<td>Trends in International Health 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Prerequisite: HSC 4624 Trends in International Health 3 Credits</td>
<td>General Education - Diversity, General Education - Social Science</td>
<td>Introduces theories that apply to the practice of patient education in a variety of health care settings. Emphasizes placed on education for health promotion and lifestyle changes. Additionally, provides an overview of the U.S. health care industry.</td>
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<td>HSC 4663</td>
<td>Community Health Methods in Injury Prevention and Control 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Prerequisite: HSC 4663 Community Health Methods in Injury Prevention and Control 3 Credits</td>
<td>General Education - Diversity, General Education - Social Science</td>
<td>Introduces theories that apply to the practice of patient education in a variety of health care settings. Emphasizes placed on education for health promotion and lifestyle changes. Additionally, provides an overview of the U.S. health care industry.</td>
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<td>HSC 4664</td>
<td>Health Communication for Consumers 3 Credits</td>
<td>3</td>
<td>Letter Grade</td>
<td>Prerequisite: HSC 3032 with a minimum grade of C and Health education and behavior majors, junior or senior standing.</td>
<td>General Education - Diversity, General Education - Social Science</td>
<td>Introduces theories that apply to the practice of patient education in a variety of health care settings. Emphasizes placed on education for health promotion and lifestyle changes. Additionally, provides an overview of the U.S. health care industry.</td>
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HSC 4694 Worksite Health Promotion 3 Credits
Grading Scheme: Letter Grade
Considerations in planning, implementing and evaluating comprehensive health education and health promotion programs at the worksite including health risk appraisal, program design and special educational strategies appropriate for the occupational setting.
Prerequisite: HSC 3032 with a minimum grade of C and Health education and behavior majors, junior or senior standing.

HSC 4713 Planning and Evaluating Health Education Programs 3 Credits
Grading Scheme: Letter Grade
Frameworks, principles and strategies for planning, implementing and evaluating health promotion interventions.
Prerequisite: HSC 3032 with a minimum grade of C and Health education and behavior majors, junior or senior standing.

HSC 4800 Health Education Professional Development 3 Credits
Grading Scheme: Letter Grade
Review and discussion of the health education field, including career opportunities, department policies for health education internship selection and registration, professional development information and preparation for future employment and/or graduate coursework in the health education field.
Prerequisite: HSC 3032 with minimum grade of C and Health education and behavior majors, senior standing; must be taken the fall or spring semester prior to HEB internship.

HSC 4813 Practicum in Health Education 1-3 Credits
Grading Scheme: S/U
Health education practicum. (S-U)
Prerequisite: Health education major.

HSC 4876 Internship in Health Education 1-16 Credits
Grading Scheme: Letter Grade
Health education internship.
Prerequisite: HSC 3032 and HSC 4800 with minimum grades of C and 4HH-Health education and behavior majors.

HSC 4905 Individual Study 1-4 Credits
Grading Scheme: Letter Grade
Supervised program of study to investigate problems significant to health professions.
Prerequisite: HSC 3032 with minimum grade of C and Health education and behavior majors, junior or senior standing; faculty member or program coordinator permission.

HSC 4910 Supervised Research Experience 1-3 Credits
Grading Scheme: S/U
Explores an area of interest in health research or the delivery and/or administration of health services through first-hand, supervised research experience.
Prerequisite: HSC 3032 with minimum grade of C and Health education and behavior majors, junior or senior standing; faculty member or program coordinator permission.

HSC 4912 Undergraduate Research 0-5 Credits
Grading Scheme: S/U
Provides health education and behavior undergraduates the opportunity to engage in supervised research. For this purpose, research is defined as an independent or team participatory experience that provides an opportunity to systematically investigate an existing or emerging health problem and to communicate the results of their work to others. (S-U)

HSC 4950 Current Topics in Health Education 3 Credits
Grading Scheme: Letter Grade
Variable topics in health education.
Prerequisite: Health education and behavior majors and junior or senior standing.

PET 4905C Variable Topics in Exercise and Sport Sciences 1-5 Credits
Grading Scheme: Letter Grade
Offered upon request to meet students' special interests that are not adequately provided in other courses.
Prerequisite: department chair permission.

PET 4948C Practicum in Exercise and Sport Sciences 1-5 Credits
Grading Scheme: Letter Grade
Practical experience in such specialty areas as adult fitness programs, health clubs, exercise testing laboratories, clinical laboratories and athletic training rooms. May include senior thesis with oral defense.
Prerequisite: department chair permission.